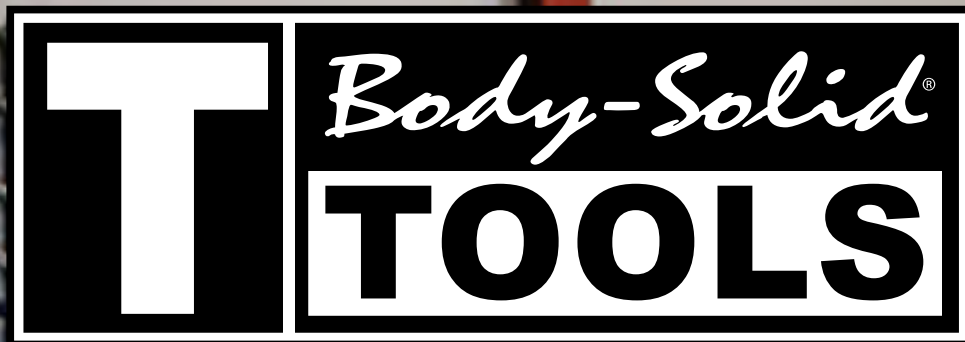




STABILITY BALLS



STABILITY BALL STORAGE
GSR10.....pg 31



BSTSB45.....	GREEN.....	45 CM
BSTSB55.....	SILVER.....	55 CM
BSTSB65.....	RED.....	65 CM
BSTSB75.....	BLUE.....	75 CM



DUAL GRIP MEDICINE BALLS

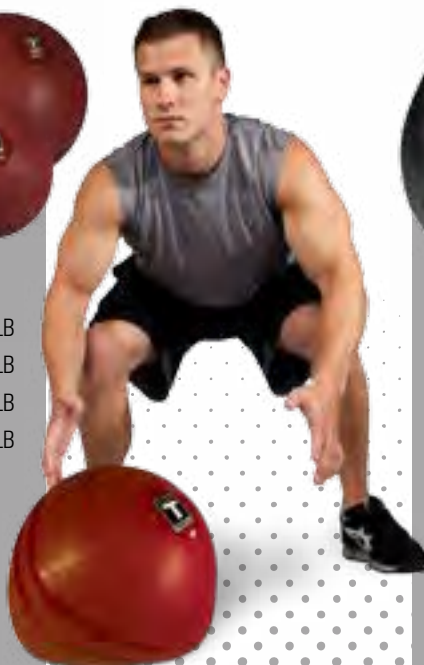


BSTDMB6.....	6 LB
BSTDMB8.....	8 LB
BSTDMB10.....	10 LB
BSTDMB12.....	12 LB
BSTDMB14.....	14 LB
BSTDMB16.....	16 LB
BSTDMB18.....	18 LB
BSTDMB20.....	20 LB
BSTDMB25.....	25 LB

SLAM BALLS



BSTHB15.....	15 LB
BSTHB20.....	20 LB
BSTHB25.....	25 LB
BSTHB30.....	30 LB



SOFT MEDICINE BALLS



BSTSMB6.....	6 LB
BSTSMB10.....	10 LB
BSTSMB12.....	12 LB
BSTSMB14.....	14 LB
BSTSMB16.....	16 LB
BSTSMB18.....	18 LB
BSTSMB20.....	20 LB
BSTSMB25.....	25 LB
BSTSMB30.....	30 LB



MEDICINE BALLS



BSTDMB2.....	PURPLE.....	2 LB
BSTDMB4.....	YELLOW.....	4 LB
BSTDMB6.....	AQUA.....	6 LB
BSTDMB8.....	RED.....	8 LB
BSTDMB10.....	BLUE.....	10 LB
BSTDMB12.....	BLACK.....	12 LB
BSTDMB14.....	ORANGE.....	14 LB
BSTDMB16.....	GREEN.....	16 LB
BSTDMB20.....	BLUE.....	20 LB
BSTDMB25.....	BLACK.....	25 LB
BSTDMB30.....	BLACK.....	30 LB



GMR10.....MEDICINE
BALL RACK.....pg 31

LIFTING BANDS

BSTB1	ORANGE	LIGHTEST RESISTANCE
BSTB2	GREEN	LIGHT RESISTANCE
BSTB3	RED	MEDIUM RESISTANCE
BSTB4	BLUE	HEAVY RESISTANCE
BSTB5	PURPLE	ULTRA RESISTANCE



FOAM ROLLERS

BSTFR36F	W 6" x L 36" x H 6"	FULL
BSTFR36H	W 6" x L 36" x H 3"	HALF



PREMIUM FOAM ROLLERS

BSTFRP36	W 6" x L 36" x H 6"	FULL
BSTFRP18	W 6" x L 18" x H 6"	SHORT

RESISTANCE TUBES

BSTR1	YELLOW	VERY LIGHT RESISTANCE
BSTR2	GREEN	LIGHT RESISTANCE
BSTR3	RED	MEDIUM RESISTANCE
BSTR4	BLUE	HEAVY RESISTANCE
BSTR5	BLACK	VERY HEAVY RESISTANCE



YOGA MATS

BSTYM3	CLASSIC	BLUE	3MM
BSTYM5	DELUXE	RED	5MM
BSTYM10	PREMIUM	GREEN	6MM



PLYO BOXES

BSTSPB6..... H 6"
 BSTSPB12..... H 12"
 BSTSPB18..... H 18"
 BSTSPB24..... H 24"
 BSTSPB30..... H 30"
 BSTSPB36..... H 36"
 BSTSPB42..... H 42"



WEIGHTED VESTS

BSTWV20..... 20 LB
 BSTWV40..... 40 LB



ANKLE WEIGHTS

BSTAW10..... 10 LB
 BSTAW20..... 20 LB



SOFT PLYO BOX

BSTSPBOX..... 20" x 24" x 30"



BICEP BOMBERS

BB23..... Standard
 BB25..... 25th Anniversary





T-BAR & LAT BLASTER BAR

- ALBB28 LAT BLASTER BAR
BTBR20 T-BAR ROW PLATFORM
CTBR10 T-BAR ROW PLATFORM



TRAINING ROPES

- BSTBR1530 1.5" DIA 30'
BSTBR1540 1.5" DIA 40'
BSTBR1550 1.5" DIA 50'
BSTBR2030 2" DIA 30'
BSTBR2040 2" DIA 40'
BSTBR2050 2" DIA 50'

GUT BLASTER AB SLINGS

AAB2



CLOCK

STT45



INVERSION BOOTS

GIB-2



AB WHEEL

BSTAB1



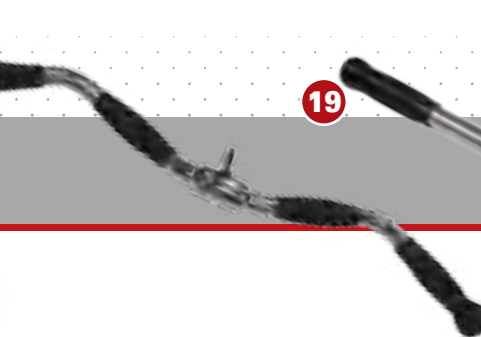
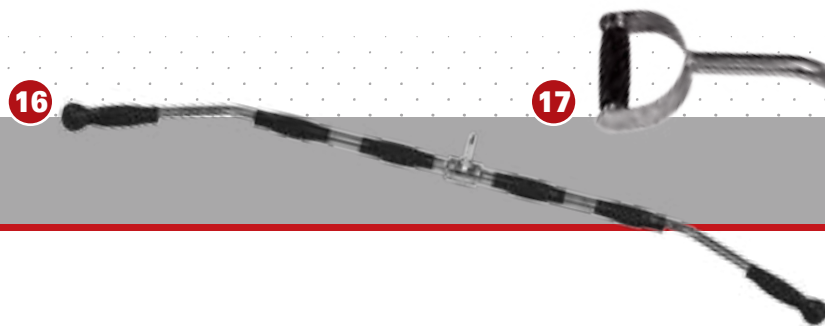
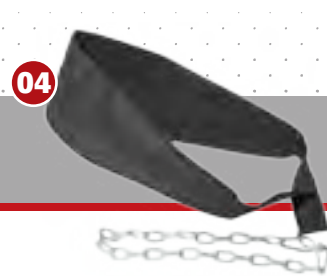
PUSH-UP BARS • SPEED ROPE • CABLE SPEED ROPE

PUB2

BSTJR1

BSTSR1

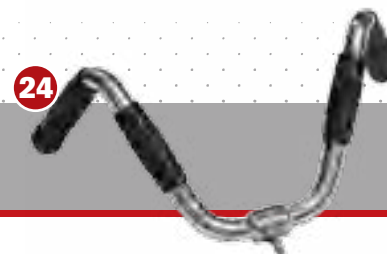
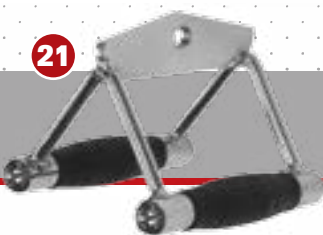
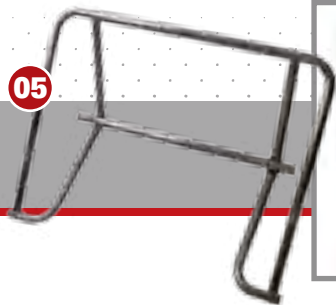




- 01..... MA310 LEATHER DIPPING STRAP
- 02..... NB55 NYLON DIPPING STRAP
- 03..... MA330 LEATHER DIPPING BELT
- 04..... NB56 NYLON DIPPING BELT
- 05..... PUB34 CHIN-UP BAR
- 06..... PUB30 PULL-UP/PUSH-UP BAR
- 07..... BSTRINGS.. RINGS

- 08..... NB51 NYLON WRIST STRAPS
- 09..... NAS3..... NYLON ANKEL STRAP
- 10..... MA308V..... LEATHER ANKLE STRAP
- 11..... MR136 MANTA RAY
- 12..... PG2..... PRO POWER GRIPS
- 13..... MA307V..... LEATHER HEAD HARNESS
- 14..... MA307N NYLON HEAD HARNESS

- 15..... MA105..... BAR PAD
- 16..... MB148RG... PRO-GRIP MULTI-GRIP LAT BAR
- 17..... MB438RG... PRO-GRIP PRO-STYLE LAT BAR
- 18..... MB229RG... PRO-GRIP REVOLVING CURL BAR
- 19..... MB022RG... PRO-GRIP REVOLVING STRAIGHT BAR
- 20..... MB501RG... PRO-GRIP STIRRUP CABLE HANDLE
- 21..... MB502RG... PRO-GRIP SEATED ROW/CHINNING BAR



22..... MB504RG... PRO-GRIP TRICEP PRESS-DOWN BAR

23..... MB507RG... PRO-GRIP V-BAR

24..... MB503RG... PRO-GRIP MULTI-EXERCISE BAR

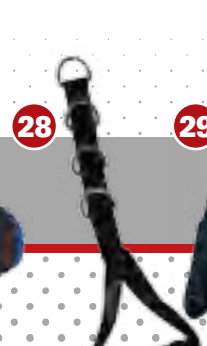
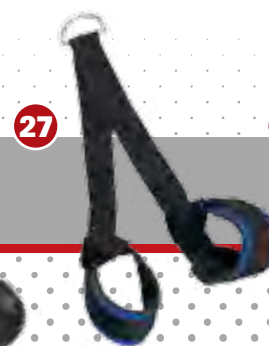
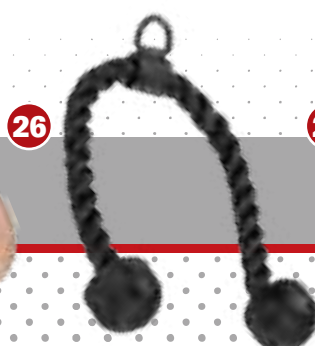
25..... MA325..... LEATHER TRICEP STRAP

26..... TR29..... TRICEP ROPE

27..... NTS10..... TRICEP STRAP

28..... NB59..... ADJUSTABLE NYLON CABLE HANDLE

29..... ACH18..... AB CRUNCH HARNESS





CORE ESSENTIALS

BSTPACK

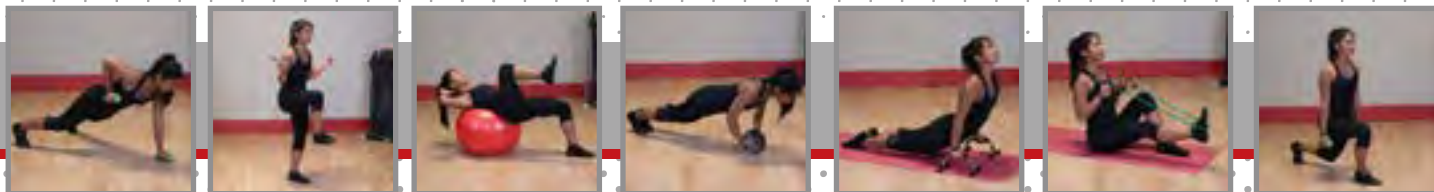
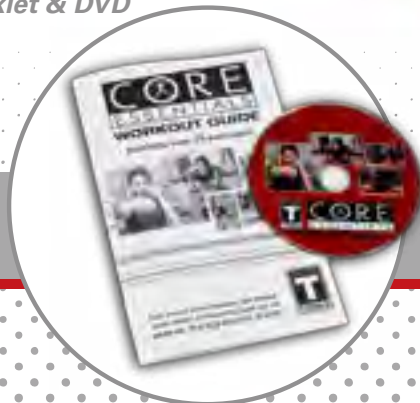
Trim, Tone & Build A Better Body

- Essential tools for on-the-go workouts
- Full body exercises for every body type
- Build core strength & cardiovascular health
- Instructional booklet & video included

Includes:

- Exercise Booklet and DVD
- Two 3lb Vinyl Dumbbells
- 65cm Anti-Burst Exercise Ball
- 5mm 72" x 24" Yoga Mat
- Light Resistance Tube
- Heavy Resistance Tube
- Speed Rope
- Ab Wheel
- Push-Up Bars

*Instructional
booklet & DVD*





Body-Solid
Built for Life



**WEIGHTS • BARS
& STORAGE**

VINYL DUMBBELLS



BSTVD1..... 1 LB	BSTVD7..... 7 LB
BSTVD2..... 2 LB	BSTVD8..... 8 LB
BSTVD3..... 3 LB	BSTVD9..... 9 LB
BSTVD4..... 4 LB	BSTVD10..... 10 LB
BSTVD5..... 5 LB	BSTVD12..... 12 LB
BSTVD6..... 6 LB	BSTVD15..... 15 LB

NEOPRENE DUMBBELLS



BSTND1..... 1 LB	BSTND7..... 7 LB
BSTND2..... 2 LB	BSTND8..... 8 LB
BSTND3..... 3 LB	BSTND9..... 9 LB
BSTND4..... 4 LB	BSTND10..... 10 LB
BSTND5..... 5 LB	BSTND12..... 12 LB
BSTND6..... 6 LB	BSTND15..... 15 LB

CAST IRON HEX DUMBBELLS



SDX3, SDX5, SDX8, SDX10, SDX12,
SDX15, SDX20, SDX25, SDX30, SDX35,
SDX40, SDX45, SDX50, SDX55, SDX60,
SDX65, SDX70, SDX75, SDX80,
SDX85, SDX90, SDX95, SDX100

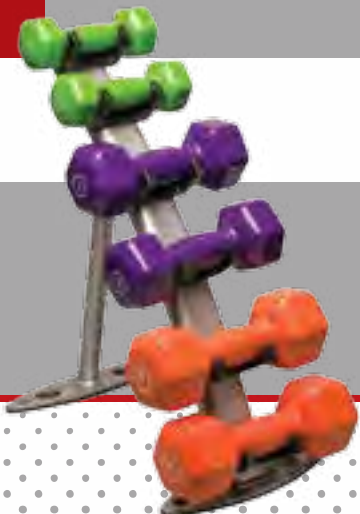
RUBBER HEX DUMBBELLS



SDR3, SDR5, SDR8, SDR10, SDR12,
SDR15, SDR20, SDR25, SDR30, SDR35,
SDR40, SDR45, SDR50, SDR55, SDR60,
SDR65, SDR70, SDR75, SDR80, SDR85,
SDR90, SDR95, SDR100, SDR105,
SDR110, SDR115, SDR120

DUMBBELL RACK

GDR10..... W 9" X L 9" X H 17.5"



DUMBBELL RACK

GDR500..... W 42.5" X L 26.5" X H 46"



DUMBBELL RACK

GDR24..... W 26" X L 29" X H 52"



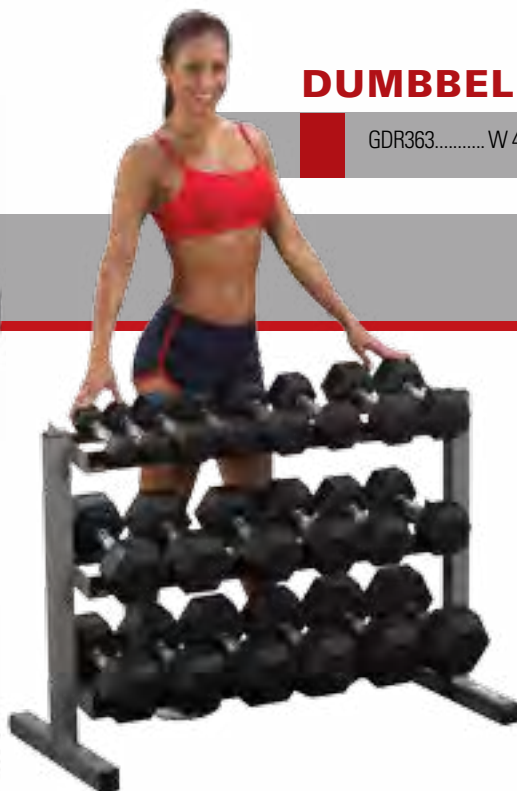
ROUND RUBBER FIXED DUMBBELLS



SDP5, SDP10, SDP15, SDP20, SDP25,
SDP30, SDP35, SDP40, SDP45, SDP50,
SDP55, SDP60, SDP65, SDP70, SDP75,
SDP80, SDP85, SDP90, SDP95, SDP100

DUMBBELL RACK

GDR363..... W 40" X L 20" X H 30"



DUMBBELL RACK

GDR60..... W 62" X L 23" X H 32"



OPTIONAL 3RD TIER
GDRT6



DUMBBELL RACK

GDR44..... W 27" X L 17" X H 44"



POWERLINE USA
Body-Solid

DUMBBELL RACK

PDR282X..... W 32" X L 14" X H 22"



CAST IRON KETTLEBELLS



KB5, KB10, KB15, KB20, KB25, KB30, KB35,
KB40, KB45, KB50, KB55, KB60, KB65,
KB70, KB75

VINYL DIPPED KETTLEBELLS



KBV5	5 LB	KBV15	15 LB
KBV8	8 LB	KBV20	20 LB
KBV10	10 LB	KBV25	25 LB
KBV12	12 LB	KBV30	30 LB

PREMIUM KETTLEBELLS



KBC5, KBC10, KBC15, KBC20, KBC25,
KBC30, KBC35, KBC40, KBC45, KBC50,
KBC55, KBC60, KBC65, KBC70, KBC75

VINYL DIPPED KETTLEBALLS



Angled handle
reduces stress on
the wrist

KBL5, KBL10, KBL15, KBL20, KBL25, KBL30,
KBL35, KBL40, KBL45, KBL50, KBL55, KBL60

KETTLEBELL/DUMBBELL RACK

GDKR100..... W 23" X L 44.5" X H 33"

- Reversible Tiers for Kettlebells or Dumbbells



KETTLEBELL RACK

GDKR50..... W 21" X L 17" X H 22"



CARDIO BAR RACK

GCR100-PACK..... W 36" X L 39" X H 50"

INCLUDES

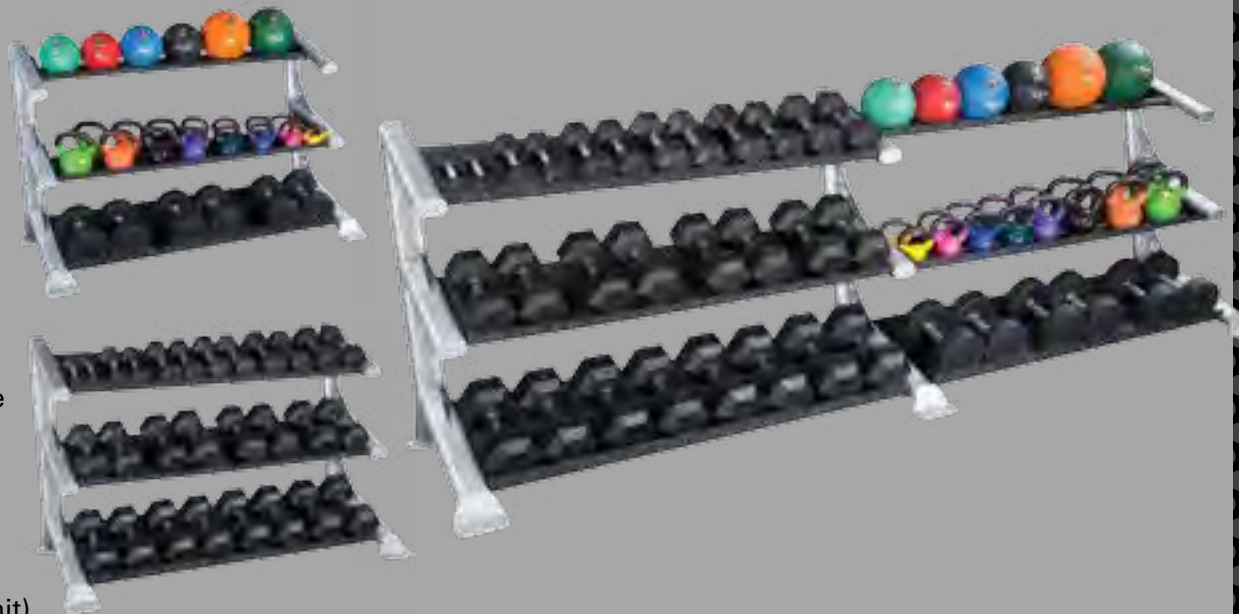
- 1 --- GCR100..... RACK
- 10-- RBCW 55" STRAIGHT BARS
- 20-- RCCW 1" SPRING COLLARS
- 20-- RPCW2-5..... 2.5 lb PLATES
- 20-- RPCW5 5 lb PLATES
- 20-- RPCW10 10 lb PLATES



SDKR1000 MODULAR STORAGE RACK



- Modular Storage Rack for Dumbbells, Kettlebells, and Medicine Balls
- 3Tier Storage Rack
- Your Choice of Dumbbell, Kettlebell, or Medicine Ball Storage Tiers
- Mix and Match Tiers for Combination Storage
- Expandable Rack System for Any Size Facility
- Heavy Gauge Oval Steel Mainframe
- Full Commercial Rating
- W 32" X L 70" X H 43"
- W 32" X L 135" X H 43" (Expanded 2 Rack Unit)

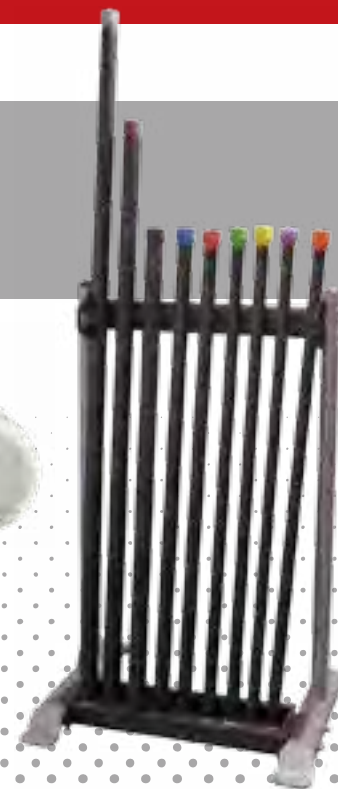


FITNESS BARS

BSTFB4	4 lb	BSTFB18	18 lb
BSTFB6	6 lb	BSTFB24	24 lb
BSTFB9	9 lb	BSTFB30	30 lb
BSTFB12	12 lb	BSTFB36	36 lb
BSTFB15	15 lb		

FITNESS BAR RACK

GFR500
HOLDS UP TO 30 BARS
W 28.5" X L 25" X H 43.5"



STANDARD CAST IRON

RPB[SIZE]
1.5, 2.5, 5, 7.5, 10,
12.5, 20, 25, 50



OLYMPIC CAST IRON

OPB[SIZE]
2.5, 5, 10, 25, 35, 45, 100



OLYMPIC STEEL GRIP

OPT[SIZE]
2.5, 5, 10, 25, 35, 45



OLYMPIC RUBBER GRIP

ORT[SIZE]
2.5, 5, 10, 25, 35, 45, 100



OLYMPIC COLORED GRIP

ORC[SIZE]
2.5, 5, 10, 25, 35, 45



WEIGHT SETS

300 LB WEIGHT SETS

(2) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.
(1) 7 ft. - 45 Lb.Olympic Bar #OB86 (Chrome Bar)
(2) Olympic Spring Collars #OC06

OST300S - OLYMPIC STEEL GRIP

OSR300S - OLYMPIC RUBBER GRIP

ORC300S - OLYMPIC COLORED GRIP

OSB300S - OLYMPIC CAST IRON - Black Olympic Bar #OB86B

OSC300S - OLYMPIC CAST IRON

400 LB WEIGHT SETS

(4) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.
(1) 7 ft. - 45 Lb.Olympic Bar #OB86 (Chrome Bar)
(2) Olympic Spring Collars #OC06

OST400S - OLYMPIC STEEL GRIP

OSR400S - OLYMPIC RUBBER GRIP

ORC400S - OLYMPIC COLORED GRIP

OSB400S - OLYMPIC CAST IRON - Black Olympic Bar #OB86B

OSC400S - OLYMPIC CAST IRON

500 LB WEIGHT SETS

(6) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.
(1) 7 ft. - 45 Lb.Olympic Bar #OB86 (Chrome Bar)
(2) Olympic Spring Collars #OC06

OST500S - OLYMPIC STEEL GRIP

OSR500S - OLYMPIC RUBBER GRIP

ORC500S - OLYMPIC COLORED GRIP

OSB500S - OLYMPIC CAST IRON - Black Olympic Bar #OB86B

OSC500S - OLYMPIC CAST IRON

255 LB WEIGHT SETS

(2) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.

OST255 - OLYMPIC STEEL GRIP

ORST255 - OLYMPIC RUBBER GRIP

ORCT255 - OLYMPIC COLORED GRIP

OSB255 - OLYMPIC CAST IRON

355 LB WEIGHT SETS

(4) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.

OST355 - OLYMPIC STEEL GRIP

ORST355 - OLYMPIC RUBBER GRIP

ORCT355 - OLYMPIC COLORED GRIP

OSB355 - OLYMPIC CAST IRON

455 LB WEIGHT SETS

(6) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.

OST455 - OLYMPIC STEEL GRIP

ORST455 - OLYMPIC RUBBER GRIP

ORCT455 - OLYMPIC COLORED GRIP

OSB455 - OLYMPIC CAST IRON

RUBBER BUMPER PLATES

OBPB[SIZE]
10, 15, 25, 35, 45



COLORED RUBBER BUMPER PLATES

OBPC[SIZE]
10, OBPB15, 25, 35, 45



PREMIUM COMMERCIAL BUMPER PLATES

OBPP[SIZE]
10, 15, 25, 35, 45



PREMIUM HI TEMP BUMPER PLATES

OBPH[SIZE]
10, 15, 25, 35, 45



260 LB WEIGHT SETS

(2) 45lb. (2) 35lb. (2) 25lb. (2) 15lb. (2) 10lb.

ORBLK260 - RUBBER BUMPER PLATES

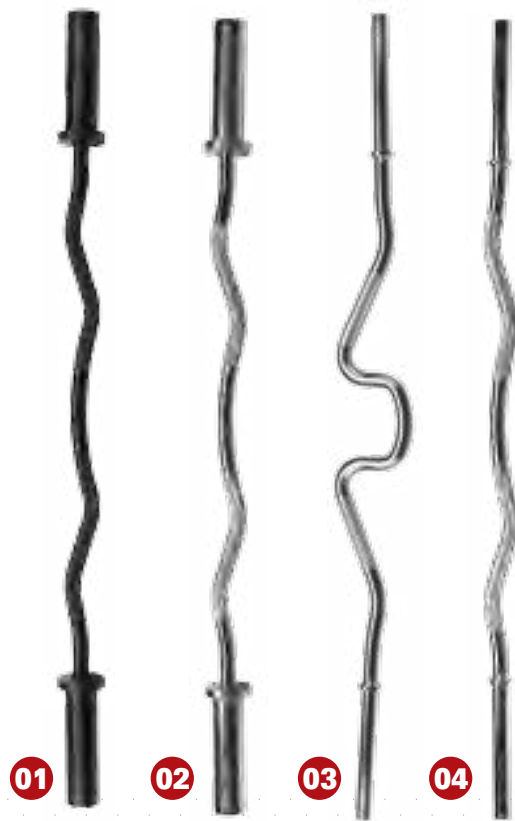
ORCOL260 - COLORED RUBBER BUMPER PLATES

OBPP260 - PREMIUM COMMERCIAL BUMPER PLATES

OBPH260 - PREMIUM HI TEMP BUMPER PLATES

OA8..... 8' OLYMPIC ADAPTER SLEEVE

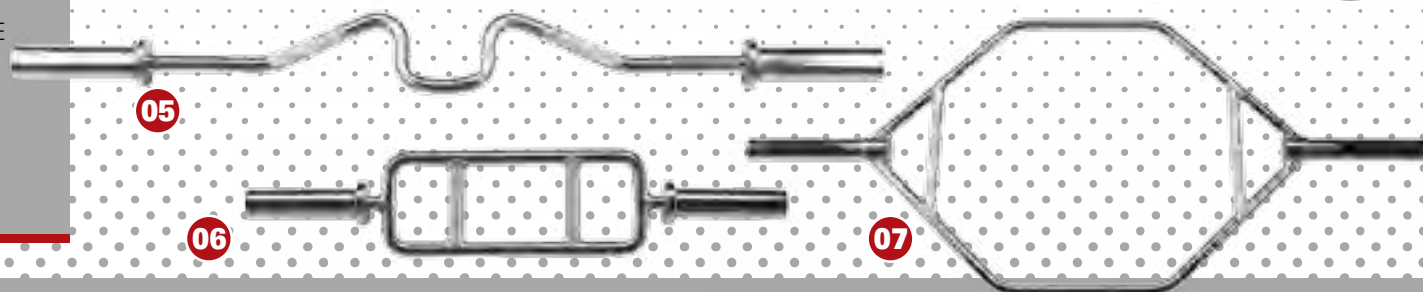
OAS14..... 14' OLYMPIC ADAPTER SLEEVE



01 02 03 04

- 01..... OB47B.....OLYMPIC CURL BAR - BLACK
- 02..... OB47C.....OLYMPIC CURL BAR - CHROME
- 03..... RB48.....STANDARD COMBO BAR
- 04..... RB47.....STANDARD CURL BAR
- 05..... OB48C.....OLYMPIC COMBO BAR
- 06..... OB34C.....OLYMPIC TRICEP BAR
- 07..... OTB50.....OLYMPIC SHRUG BAR

ITEM#	BAR STYLE	LENGTH	FINISH	WEIGHT CAPACITY	GRIP DIAMETER
OB86B	OLYMPIC	86"	BLACK	600 LBS	30mm
OB86C	OLYMPIC	86"	CHROME	600 LBS	30mm
OB86P1000	POWER	86"	CHROME	1000 LBS	30mm
OB86P1000SS	POWER	86"	CHROME	1000 LBS	30mm
OB72B	OLYMPIC	72"	BLACK	600 LBS	30mm
OB72A15	OLYMPIC	72"	ALUMINUM		30mm
OB60	OLYMPIC	60"	BLACK	600 LBS	30mm
RB84	STANDARD	84"	CHROME		25mm
RB72	STANDARD	72"	CHROME		25mm

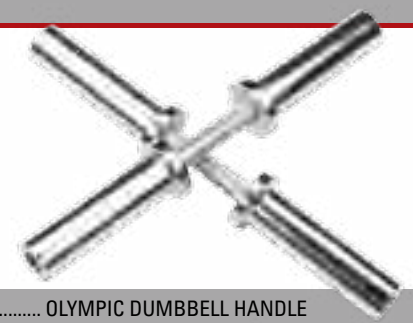


05

06

07

ITEM#	BAR STYLE	LENGTH	FINISH	WEIGHT CAPACITY	GRIP DIAMETER
OB86CHICAGO	OLYMPIC	86"	BLACK/CHROME	1500 LBS	28.75mm
OB8625THYR	OLYMPIC	86"	RED/CHROME	1200 LBS	28.75mm
OB864STAR	POWER	86"	CHROME	1500 LBS	28.75mm
OB86LPB	OLYMPIC	86"	CHROME	1000 LBS	28.5mm
OB86PB	OLYMPIC	86"	CHROME	1000 LBS	28.57mm
OB86PBG	OLYMPIC	86"	BLACK/CHROME	1500 LBS	28mm
OB86PBS	OLYMPIC	86"	CHROME	1500 LBS	28mm



OB20C..... OLYMPIC DUMBBELL HANDLE



SDA14..... STANDARD DUMBBELL HANDLES



SDA14T STANDARD THREADED DUMBBELL HANDLES



- 01..... BSTROC1-RED.....OLYMPIC BAR COLLARS
- 02..... BSTROC1-NATOLYMPIC BAR COLLARS
- 03..... OC04OLYMPIC COLLARS
- 04..... OC06OLYMPIC SPRING COLLARS
- 05..... RC0616.....STANDARD SPRING COLLARS
- 06..... RC02.....STANDARD 1 LB METAL COLLARS
- 07..... RC03.....STANDARD 1/2 LB METAL COLLARS
- 08..... BSTMC02(RD)(BK)...MUSCLE CLAMPS

Body-Solid
ProClubLine

SWT1000 WEIGHT TREE

- 12 Chrome Weight Posts
- 4 Integrated Olympic Bar Holders
- 2 Integrated Olympic Collar Holders
- Perfect for Bumper Plates
- Oval 11 Gauge Steel Frame
- W 58" X L 58" X H 53"



GSWT STANDARD PLATE TREE & BAR HOLDER

- Holds two (2) Standard Bars.
- Ideal for home and commercial use.
- W 23" X L 20" X H 40"



See pgs. 26-27
for our full line
of Standard &
Olympic weights.

VDRA30 ACCESSORY STAND

- W 18" X L 19" X H 41"



WEIGHT TREES

EZ-LOAD™

SWT14..... W 16" x L 27" x H 24" .. STANDARD

OWT24..... W 16" x L 27" x H 24" .. OLYMPIC

WT46..... W 21" x L 22" x H 44" .. OLYMPIC

SWT14

OWT24

WT46



GSR10 STABILITY BALL STORAGE RACK



- 2 or 3 ring option
- Dims (3 rings)
36" w x 31" l x 74" h
- Dims (2 rings)
36" w x 31" l x 39" h



GMR10 MEDICINE BALL RACK



- Holds up to 6 balls
- W 18" X L 22" X H 63"

See pg. 14
for Stability and
Medicine Balls



GBPR10 BUMPER PLATE RACK



- W 13" X L 41" X H 9"



GOBH5 OLYMPIC BAR HOLDER

- W 12" X L 12" X H 9"

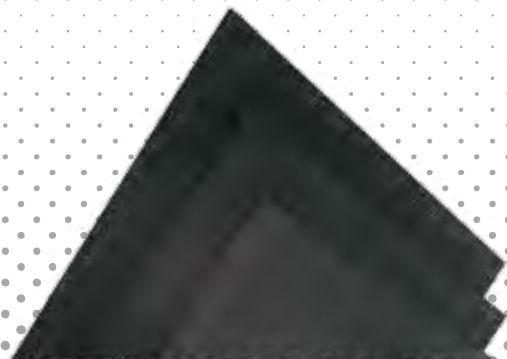
GMR5 MEDICINE BALL RACK

- Holds up to 3 balls
- W 25" X L 25" X H 26"



RUBBER FLOOR MAT

RF546 48" x 72", 1/2" THICK



INTERLOCKING RUBBER FLOORING

- (A) RF4PMB 19.5" X 19.5" BLACK
- (B) RF4PMG 19.5" X 19.5" GRAY
- (C) RFBST4PB 19.75" X 19.75" BLACK



CARDIO MATS

- RF36T W 36" x L 78 x H 1/8"
- RF34B W 36" x L 48 x H 1/8"

