

BEST  **FITNESS**
EQUIPMENT



Bf 5 YEAR WARRANTY

BEST Bf FITNESS EQUIPMENT **BFUB1 UPRIGHT BIKE**

- Compact and stable
- Eight levels of magnetic resistance
- Contact HR readout
- Five panel feedback LCD display
- W 20" X L 41" X H 55"
- 77lbs



Bf 5 YEAR WARRANTY

BEST Bf FITNESS EQUIPMENT **BFRB1 RECUMBENT BIKE**

- Eight Levels of Magnetic Resistance
- Walkthrough Design
- Compact and Stable
- Contact HR Readout
- Five Panel Feedback LCD Display
- Two-Way Adjustable Seat
- Transport Wheels
- W 26" X L 52" X H 39"



BEST Bf FITNESS EQUIPMENT

Bf 5 YEAR WARRANTY
3 years on the frame and 2 years on the rest

BEST Bf FITNESS
EQUIPMENT

BFSB5 INDOOR TRAINING CYCLE

- 40 lb. flywheel
- Chain drive system
- Transport wheels
- User capacity 275lbs
- W 20" X L 44" X H 44"

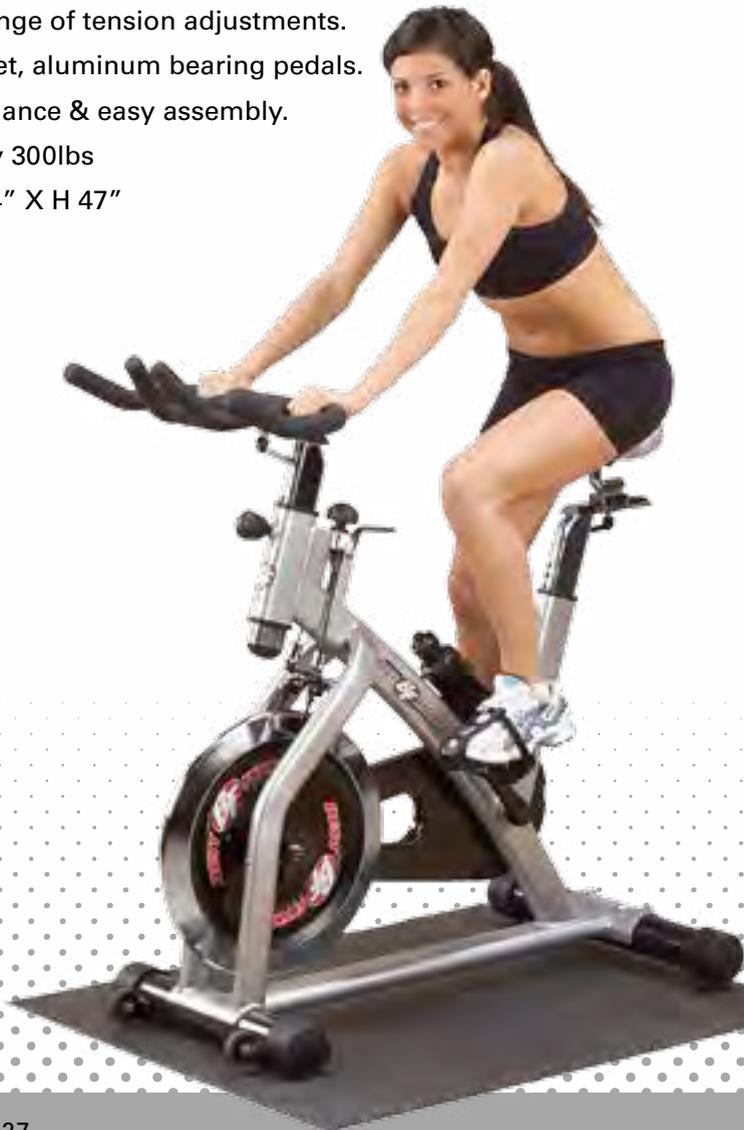


BEST Bf FITNESS
EQUIPMENT

BFSB10 INDOOR TRAINING CYCLE

BEST FITNESS
C
COMMERCIAL
RATED

- One-piece 44lb. flywheel
- Durable, grooved V-belt transmission system.
- Handle bar with chrome post tube.
- More than 84 levels of high/low and forward/backward adjustments for handle bar and seat.
- 3 sealed bearing sets (pedals, belt wheel, flywheel).
- Unlimited range of tension adjustments.
- Smooth, quiet, aluminum bearing pedals.
- Low maintenance & easy assembly.
- user capacity 300lbs
- W 20" X L 44" X H 47"



Bf 5 YEAR WARRANTY

BEST Bf FITNESS
EQUIPMENT

BFCT1 CROSS TRAINER ELLIPTICAL

- 225 lb. weight capacity
- Compact and stable
- Eight levels of magnetic resistance
- Contact HR readout
- Five panel feedback LCD display
- W 26" X L 45" X H 66"
- 106 lbs



Bf 15 YEAR WARRANTY

BEST Bf FITNESS
EQUIPMENT

BFE1 CENTER DRIVE ELLIPTICAL

- Patented Center Drive design
- Compact and portable
- Low center of gravity and balanced frame prevents rocking
- Dual-action upper and lower body
- Easy step-up height
- Contact heart rate
- Close pedal spacing eliminates hip fatigue
- 275 pound user capacity
- W 30" X L 48" X H 66"



BEST Bf FITNESS
EQUIPMENT



BFPR100 POWER RACK

- 14 Gauge 2" x 2" steel mainframe
- 23 positions spread 3" apart
- 2 adjustable lift offs and full length safety bars included
- 500lb capacity
- Durable powder coat paint finish
- W 47" X L 46" X H 82"
- Weight: 117lbs



BFOB10 OLYMPIC BENCH

- Folding space saving design
- Adjustable flat to incline
- Adjustable uprights
- 1.75" durable upholstered pads
- Includes leg developer
- W 41" X L 68" X H 58"



BFPR10 OLYMPIC PRESS STAND

- 7-position angled uprights provide for correct lifting position
- 4" liftoffs and 7" safety's with durable rubber surface pads provided
- Sturdy "A" frame construction with 10 bolt assembly
- Durable powder coated finish
- An ideal companion to the Best Fitness BFFID10 flat/ incline/ decline bench
- W 30" X L 45" X H 57"



BFSR10 SQUAT RACK

- Perfect for squats and dips
- Easy, open-access design
- 10 position adjustable lift offs
- Integrated dip station
- 3 year frame, 1 year parts warranty
- Works with any 7' bar
- Compact and affordable
- W 48" X L 32" X H 56"



BFFID10 FLAT/INCLINE/DECLINE BENCH

- 5 starting positions: 70, 55, 45, 35, 0 and 10 degrees
- Safety pins and bolts allow for easy adjustments, disassembly or permanent set up
- 1.75" durable upholstered pads
- Durable powder coated finish
- No assembly required
- W 18" X L 55" X H 17"
- W 18" X L 55" X H 10" (Folded)



BFVK10 VERTICAL KNEE RAISE

- Sturdy steel frame delivers a solid performance day after day.
- Thick, comfortable back pads and arm supports are designed to reduce fatigue and discomfort.
- Dip station handles offer a thick, comfortable grip.
- Lightweight design allows you to easily move the machine from an out-of-the-way corner to the middle of the room.
- W 28" X L 43" X H 83"



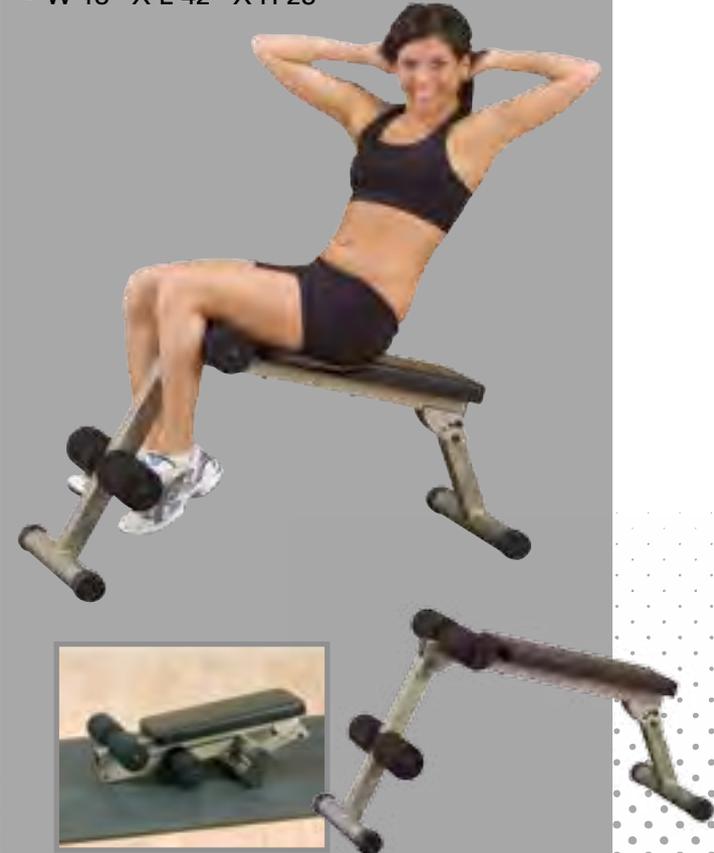
BFHYP10 AB BOARD HYPEREXTENSION

- 3 starting positions: 15, 20 and 25 degrees.
- 6-position hyperextension support.
- 3-position lower leg supports.
- Safety pins and bolts for adjustable positions allow for easy disassembly or permanent set up.
- Rubber-gripped positioning handles.
- Minimal assembly required.
- W 29" X L 50" X H 32"



BFAB10 AB BOARD

- 3 starting positions (15, 20 or 25 degrees) add variation to increase results.
- 4" high-density foam roller pads.
- 1.75" durable upholstered pads.
- No assembly required.
- Safety pins and bolts for adjustable positions allow for easy disassembly or permanent set up.
- Durable powder coated finish.
- W 18" X L 42" X H 23"



BFINVER10 INVERSION TABLE

- Padded nylon backboard designed for comfort and breathability.
- Spring-loaded safety strap that controls stability and allows you to glide quickly and safely from the upright position to full inversion.
- Adjustable ankle cuffs that offer a comfortable, customizable fit for each individual user.
- Simple, 2-pin collapse-and-fold design that allows for fast storage in any closet.
- 300 lb. user capacity.
- Fits users from 4'10" to 6' 6"
- W 30" X L 47" X H 60"



BFAB20 SEMI-RECUMBENT AB BENCH

- Seat angles- 45-degree start w/ 2 additional 5-degree reclining positions.
- Upper ab directed motion with durable upholstered, upper back support, textured grip handles, standard weight post with spring lock and lock-out option.
- Lower ab directed motion with adjustable length, 2-position foot rests and standard weight post with spring lock.
- Unique seated design is easy to use without compromising function.
- 1.75" durable upholstered seat with 3 available positions.
- Safety pins and bolts for adjustable positions allow for easy disassembly or permanent set up.
- Durable powder coated finish.
- W 22" X L 64" X H 46"



BFMG20 SPORTSMAN GYM



- Over 25 exercises
- Complete gym in one compact and affordable machine
- Press arm follows natural arc of a free weight bench
- Perform bench press, pectoral fly, lat pull-down, tricep extension/press-down and leg extension/leg curl
- Low pulley station ideal for curls, seated row, shrugs, oblique bends, upright rows and more
- Gym includes a 150 lb. weight stack, wide-grip lat bar and low row bar
- W 47" X L 64" X H 78"



BFFT10 FUNCTIONAL TRAINER



- 19 vertical pulley adjustments provide unmatched versatility while a 180 degree pulley swivel offers numerous starting positions.
- No-cable change design makes switching from exercise to exercise quick and easy
- Smaller spatial footprint than most functional trainers
- Integrated straight chinning bar allows for pull-ups, chin-ups and more
- Includes a single 190 lb. weight stack
- W 61" X L 55" X H 84"

